



Dear Wilson Students and Parents,

As Head Football Coach at Wilson High School, it is my pleasure to welcome you all to Wilson High School Football. Our football program is brand new this year with an entirely new coaching staff and system. Our new program starts with Flag Football in Kindergarten and runs all the way through Varsity Football for Seniors in High School. We would like to invite any and all Wilson Cluster Students to join us and see what the NEW Wilson Football Program will be about!

We have started online activities for our student athletes that are helping prepare them to get back on the field of play once it is safe for High School Activities to resume. We would love to hear from you if you have an interest in joining our football program next season or would like to join in our online activities. For more information visit our website at <https://www.wilsontrojansfootball.org/> where we have our calendar and FAQ about our program. You can also contact me at KeBennett@pps.net or 503.840.8628 (Call/Text). Below is a schedule of online activities and a tentative TBD Summer Schedule.

Online Sessions while Stay at Home is in effect:

Tuesday: 2:30-3:30pm Virtual Football Practice - Meet the coaches, learn our system and drills.

Monday - Thursday: 5-5:30pm Injury Prevention Exercise Routine. (Great for all Sports)

Once we are cleared for normal Football Activities: **All Summer Dates TBD*

**Monday - Thursday: 6-8pm at Wilson High School Football Field. Weight Lift, 7on7, practice.*

Wilson Youth Football Camp: August 3rd-6th, 6-8pm at Wilson High School. Camp Fee: \$60

High School Football Camp: August 10th-14th, 6-9pm at Wilson High School. Camp Fee: \$75

High School Football Practice: August 17th, M-F 6-9pm at Wilson High School.

Please contact me with any questions you have regarding our program or our schedule.

Keith Bennett
Head Football Coach
Wilson High School

Head Coach: Keith Bennett Email: KeBennett@PPS.net